



Erasmus+

"THE LAND I LOVE" - youth exchange- KA1

SARATA MONTEORU–BUZAU, 27 october – 5 november 2021

Arrival day : 27 october 2021

Departure day : 5 november 2021

Organizer : FPT BUZAU, ROMANIA

Coordinator: Tolea Postovei

Partner countries: Bulgaria, Greece, Italy, Latvia, North Macedonia, Poland, Spain, Romania – 4 youngsters 18-25 years old plus 1 group leader no age limit. One person per country can be over 25 but till 29. We can accept maximum 1 person that is not native citizen of sending country with condition to have legal residence and not to be ESC volunteer or Erasmus exchange student.

-2 participants from every group should be OBLIGATORY with fewer opportunities (person suffered of pollution, unemployed)

Venue : Monteoru and Buzau, Romania

Description of project :

"THE LAND I LOVE" is a youth exchange with 8 countries (Bulgaria, Italy, Greece, Latvia, Spain, Poland, Macedonia, Romania). Mobility brings together 34 participants and 8 group leaders and will be held in Sarata Monteoru,Buzau between 27 october – 5 november 2021.

The aim of the project is to increase the responsibility of young people for environmental sustainability and quality of life by preventing and reducing soil pollution.

objectives:

Increasing the level of understanding for 34 young people from 8 countries on the factors, causes and effects of soil pollution in the human body and the environment

The development through non-formal education among 34 participants from 8 countries for 8 days of new socio-civic, digital and artistic skills for better soil protection and environmental sustainability

Stimulating the creativity and cooperation of 34 participants from 8 countries for the design and application after 8 days of some public actions and campaigns to prevent soil pollution and multiplying them for 6 months after mobility in their own communities

The methodology is based on nonformal education, practical and experiential learning experienced in previous projects and adapted to the specific conditions of the theme, partnership, learning objectives and proposed activities, ensuring the active access and involvement of all participants

The project activities will be preparation, introduction, getting to know each other, trust, teambuilding and group dynamics, presentations of participants and Erasmus + program and youthpass certification, cultural and study visits in the surroundings, intercultural, thematic, and at the participants' disposal. There will be 6 thematic workshops based on the documentation of the research phase and the introduction of terminology and concepts and a workshop "The Love I Love" in 5 stages in 2 parallel subcomponents VIDEO and PRINT that will prepare a visual campaign with 4 films, 4 flyers, 2 posters and a magazine with workshop conclusions. Finally, the results will be presented to the young people and citizens from Buzau

The tangible results of the project will be 4 video films made in the VIDEO workshop to prevent soil pollution and promote a healthy lifestyle, 2 posters, 4 flyers made in the PRINT workshop having the same purpose as video films, "The land I love" magazine that will be designed in the PRINT workshop.

Sustainability of project and partnership will be provided by communication between partners, by a dissemination and exploitation planned by a common plan until 2022 and writing new applications together in frame of Erasmus +.

Accommodation : “ Casa cu Tei” pension– in rooms of 2 or 3 with private bathroom – towels, soap and sheets provided for 1 week

<http://www.casacutei.ro/sitenou/>



Last 2 nights accommodation is in Buzau – Hotel Sport B90 – rooms of 2-3 persons with private bathroom

Food will be served at the restaurant of the hotel and pension and there will be 3 meals every day and some coffee breaks. Please send us your special needs concerning food : no pork, no meat, vegetarian or any allergies .



Facilities

- pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things. **There are no bankomats but in some places you can pay by credit card in local shops**

- hotel in Buzau is 10- 15 minutes walking from city center where you can find almost everything : shops, pharmacy, banks, restaurants etc.

Visits: according to the programme; any other opportunities will be discussed on the spot if free time will allow

Internet: there is very good wireless in the pension and also in hotel in Buzau

Weather is quite unpredictable in autumn in hillside. Usually temperature is around 15 degrees, but also can rain or be warmer. We suggest you to have raincoats, but also sunglasses, caps. In the last days before arrival we'll be back with better info about weather.

IMPORTANT !!! Pay attention to safety measures:

-you'll live in an intercultural environment, so accept all cultures and be tolerant

-NO DRUGS ALLOWED !! Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age !! Group leaders will prepare you !!

-you have to attend and be involved in ALL ACTIVITIES during the exchange and also in DISSEMINATION PHASE !!

-other rules and safety measures will be proclaimed in first day, so if you have proposal feel free to express them !!



Measures connected with COVID 19 restrictions and participants requirements will be updated and discussed as a separate topic with coordinators and group leaders. The location will provide all measures for safety and security !!

Transport: For those arriving in Bucharest Otopeni there is a bus **780 EXPRES** that runs to Bucharest almost every 20 minutes from 5 am till 11pm. You can find signs in the airport to reach bus station. The ticket is 8.6 lei (2 euros) a round trip card, that you have to validate when you step in the bus. The bus goes directly to train station – **BUCHAREST GARA DE NORD** and takes depending on the traffic 45-60 minutes. To go to city center of **BUCHAREST** you can take **783 EXPRES** or **784 EXPRESS**. There is also **TRAIN** directly to **GARA DE NORD BUCHAREST** every 30 minutes that takes 20 minutes and costs 4 lei.

ATTENTION !!

Depending on COVID situation at the moment of arrival for people that are not vaccinated or were not infected is it possible to be required an OBLIGATORY PCR or fast-test before arrival in Romania or before leaving Bucharest to Buzau, so you'll be updated with information closer to the project start.

Departure to Sarata Monteoru:



17.00 - there is the meeting in train station **BUCHAREST GARA DE NORD** in front of KFC fast food . We'll go by our arranged bus directly -the trip takes 2 hours -we 'll have dinner on arrival. Cost of bus will be 13-15 euros per person (depending of number of people) and is deductible for reimbursement in the limit of travel costs approved. **Group leaders should collect money before departure**

**SO TRY TO ARRIVE IN BUCHAREST BEFORE !! IF YOU ARRIVE LATER WE CAN ARRANGE TRANSFER FOR YOU
DIRECTLY FROM AIRPORT BUT CAN COST MORE**

ACTIVITIES

Please post announcements about the project on your websites, blogs or any other platform and send us some print screens or copies – **OBLIGATORY !!**

What should you prepare :

- a research about “soil pollution” phenomenon in your country (statistics, legislation, prevention)
- a collection of cases from your community when soil pollution generated bad influence on health and environment
- each national team should have at least one laptop ready to be used for working and editing videos and texts/photos
- as we want to use as less plastic as possible please bring with you your own coffee/tea cup or mug and a bottle/recipient for water
- **for intercultural evening you have to bring some traditional food and drinks and to be ready to teach us a song or a dance.** ATTENTION !! There is not possible to use kitchen for cooking (because of new regulations about safety and hygiene) so bring dry things ...you can prepare short and easy meals that can be done without oven like salads etc...if you need some ingredients like vegetables,oil, salt,regular spices,bread etc we can provide them...
- Also in intercultural evening you'll have to prepare a short and creative promotion of another country,something original,not copy-paste- for example a video,multimedia,quiz,theater etc). Don't be longer than 10-12 minutes !! you have below who will promote who:



- **NO LONG PRESENTATIONS AND as much as possible NO KAHOOT ! PLEASE !!**
- Romania will promote Greece
- Greece will promote Bulgaria
- Bulgaria will promote Latvia
- Latvia will promote Italy
- Italy will promote Poland
- Poland will promote North Macedonia
- North Macedonia will promote Spain
- Spain will promote Romania



-you can be prepared to propose games, energizers, activities for free time or for our workshops

-if you had projects connected with the topic, bring with you good practice examples: leaflets,videos,photos

REIMBURSMENT:

In order to get the travel costs back we need to get from you **PRINTED ON PAPER and ARRANGED IN ORDER OF TRAVELLING PHASES FROM DEPARTURE TO DESTINATION**

- All BUS/TRAIN/FERRY tickets and invoices in original.if you need local transport in your country try to buy return tickets.Tickets should have date,itinerary,cost.if there is no name-write it on the back
- For FLIGHTS: electronic ticket with name,dates,itinerary,costs AND INVOICE if some of previous item is not on the ticket.
- BOARDING PASSES compulsory – keep them as without them you don't have your money back.If you did mobile check-in you can send us the print screen
- Take only APEX flights (no business class) and only 2 nd class trains.
- TAXI costs are not eligible
- Be sure to have price and data on bus and train tickets,also on airplane tickets.If not, ask for receipts or invoices.
- If you travel by CAR contact us to tell you the rules and documents needed...

The reimbursement will be in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all ORIGINAL documents. The amounts for reimbursement will be based on the tickets/invoice presented. There will be one transfer for every country in account of sending organization according with National Agency rules.

Maximum approved travel costs :

20 euros/participant for Romania

180 euros/participant for Bulgaria

360 euros/participant for Spain

275 euros/participant for the others

Other practicalities :

Currency : 1 euro = 4.95 lei (RON).There are banks and bankomats in airports, in Bucharest train station,in Buzau.

The hour in Romania is GMT + 2.

Because of covid situation if you want to stay longer in Romania, you can do it 2-3 days ,but we recommend to do it **AFTER** exchange. All costs for these extradays are in your charge. For persons that want to spend some days in Bucharest or elsewhere we can help you recommended hostels or attractions.just ask !!

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

Don'y pay attention to street dogs – they are everywhere but most of them are friendly.

For any other questions and comments or questions contact

postoveitolea@yahoo.com

Tolea-+40.744.855.911 – available on whatsup

ALL PARTICIPANTS WILL GET YOUTHPASS

CERTIFICATES.GROUP LEADERS WILL GET SPECIFIC CERTIFICATES !!

See you soon here !!!

