



2020-1-RO01-ESC11-079372

**DONATE BLOOD,
DONATE LIFE!**

A hand is shown pouring a large quantity of red blood cells, which are depicted as small, biconcave discs, onto a surface. The background is a soft, out-of-focus red, creating a cohesive color scheme for the image.

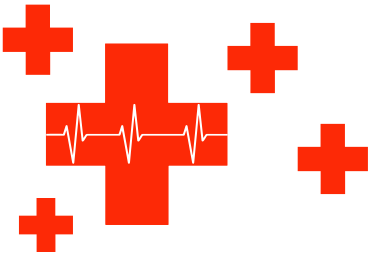
AIMS AND OBJECTIVES OF THE PROJECT

The objectives of the project are the following:

- 1. Developing useful skills for employability as well as a healthy lifestyle among 20 young people from 9 countries**
- 2. Promoting the importance of blood donation among over 6000 people**
- 3. Promoting the harmful effects of drug use among over 600 high school students**

You do not have to be a doctor to save lives – donate blood.

Timeline of the project



STAGE 1

Stage starting date:
01.07.2020
Stage ending date:
30.08.2020

STAGE 2

Stage starting date:
01.09.2020
Stage ending date:
30.10.2020

Blood donation
campaign

Blood donation
campaign

01.07.2020

30.08.2020

30.10.2020

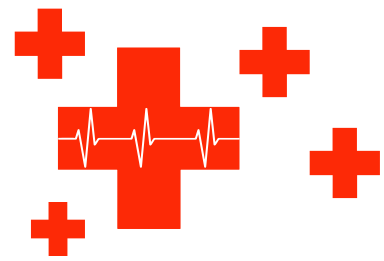


STAGE 1

STAGE 2

Eligibility of the project: 01.06.2020 – 30.11.2021

What we need?



Volunteers

10 / STAGE

Countries eligible for STAGE 1



EU countries + Georgia, Moldova, North Macedonia, Ukraine.

The distribution will be : 8 international volunteers + 2 Romanian volunteers



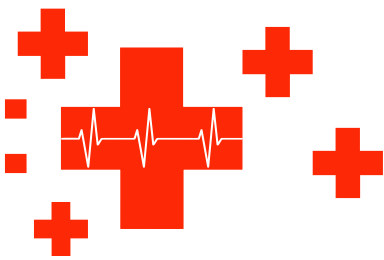
Countries eligible for STAGE 2



EU countries + Georgia, Moldova, North Macedonia, Ukraine.

The distribution will be : 8 international volunteers + 2 Romanian volunteers

What we search:



- Youth aged 18 to 30 years old
- Fluent in English, both speaking and writing
- Motivated to take part in a 2 month ESC with the topic of blood donation
- Previous experience in volunteering may be considered a plus
- Youth with few opportunities (unemployed, not in school, few financial possibilities, cultural obstacles, refugees etc). **PRIORITY WILL BE GIVEN TO THIS CATEGORY**



Volunteer profile

In case of interest WHAT YOU NEED TO SEND US

CV in EUROPASS FORMAT

<https://europass.cedefop.europa.eu/documents/curriculum-vitae>

MOTIVATION LETTER – adapted on the topic of the project, from which we want to see how you consider can add a value to the project

Valid passport or ID (for EU citizens)

ABILITY TO BUY THE TRAVEL TICKETS (at arrival reimbursement will be made)



WHAT YOU WILL DO HERE

1

BLOOD DONATION CAMPAIGN

Promotion at local level of blood donation through posters, flyers etc

2

PUBLIC EVENTS

To raise awareness about the importance of blood donation

3

JOURNALISTIC ACTIVITIES

To document your ESC experience and promote ESC for other youth

4

RED BRACELET CLUB

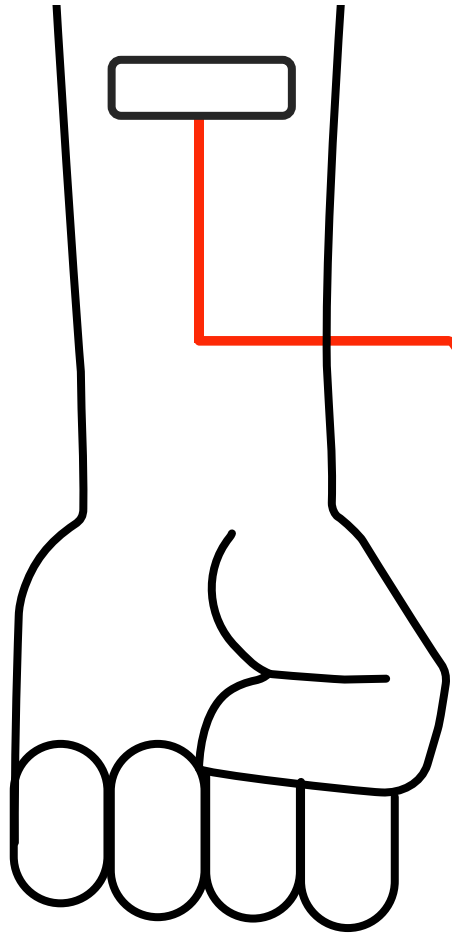
Register youth from the community in the club for support at local level

5

SOLIDARITY SUPPORT FOR THE COMMUNITY

Other activities decided between the association and the volunteers for the benefit of the community

BLOOD DONATION ACTIVITIES



Promote in the community the blood donation and the steps to be follow to donate blood

Social media campaigns about raising awareness of the need for blood

Blood donation campaigns

Videos to promote blood donation



Volunteers will be guided in the activities by a coordinator.

Volunteers will be assisted to register to OAT and MTM (organized by NA) where is mandatory to take part.

Volunteers will be offered a travel support according to the travel band distance.

Volunteers will have to fill and send at the end of each month an activity report. At the end of the stage volunteers must fill the report from The Mobility Tool.

Volunteers are expected to work 6 hours/day, 5 days/week. 2 freedays/month. NOTE: weekend activities(events) can be possible.

According to the program rules: 2 holidays/month will be granted. The Romanian free declared Holidays will be applied also to volunteers (Christian Orthodox Easter/Christmas, National Independence day etc)

Volunteers will have to sign an agreement where are stipulated their tasks, rights and responsibilities.

Volunteers will be accommodated in apartments fully equipped, 2/room each gender, with shared bathroom and kitchen.

Volunteers will receive a monthly food allowance of 150 euros and 90 euros pocket money in

Lei (Romanian currency) at the monthly rate exchange.

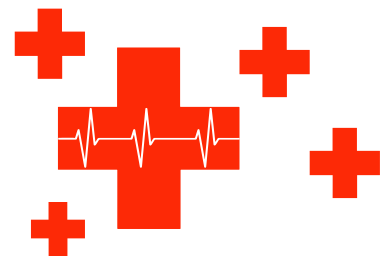
Volunteers will be assigned a mentor, weekly meetings are encouraged to be attended in order to evaluate the learning process.

Language support will be provided based on the grant received.

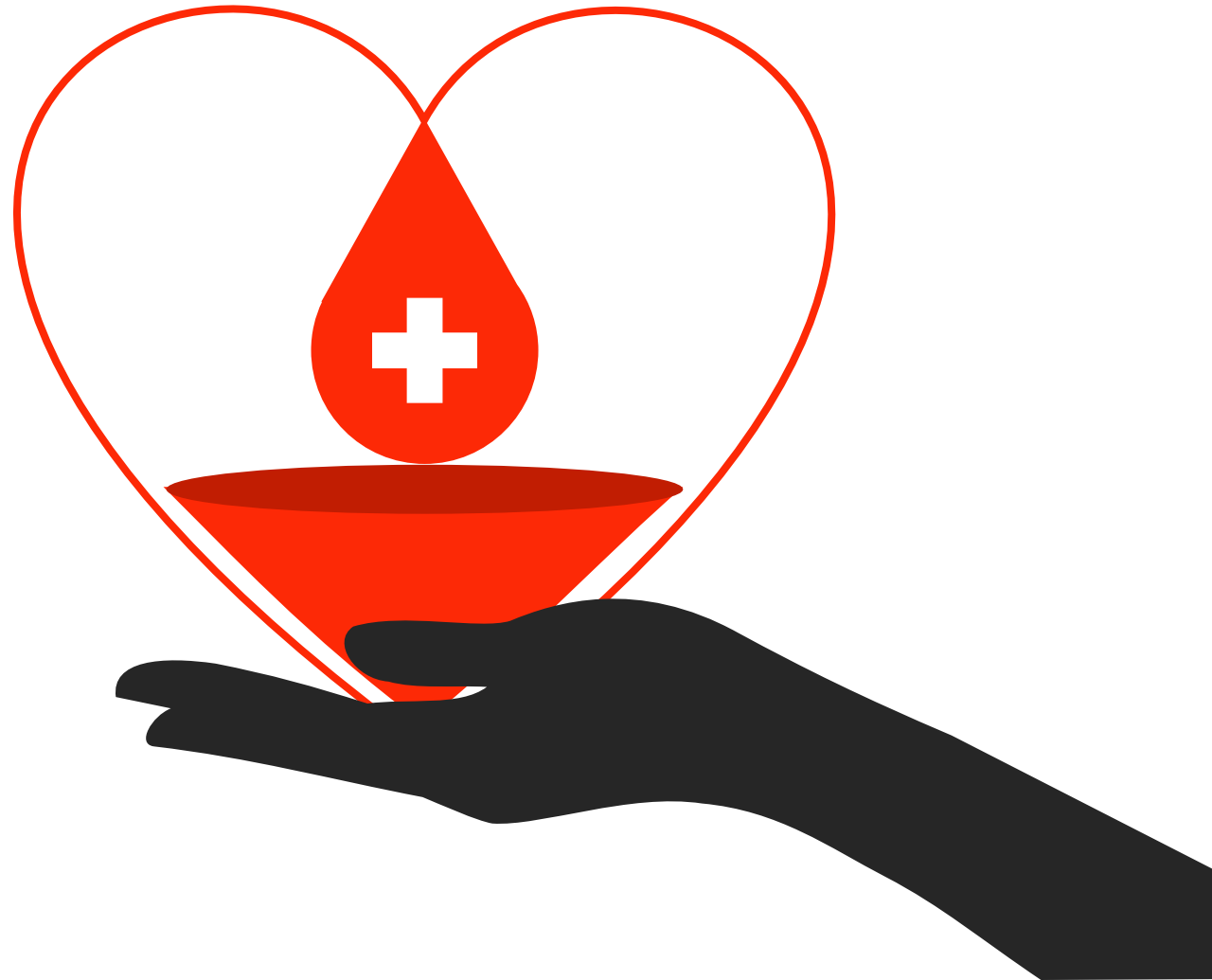
A monthly local travel bus pass will be provided for each volunteer.



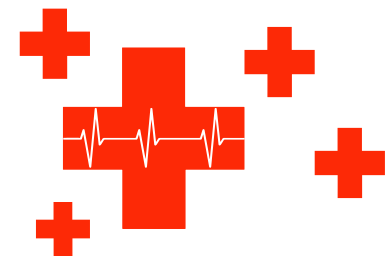
Indicators of the project



- 20 youthpass certificates
- elements of visual identity of the project
- updated project web address and Facebook page
- 2 blood donation campaigns in Craiova and 2 other blood donation campaigns in other localities
- 4 public blood donation awareness events
- 2 motivational photo exhibitions for healthy living
- 2 stands for promoting ESC opportunities
- 3 action plans of the Red Bracelet Club 2
- 2 media appearances
- E-Magazine brochure that will include 2 numbers (1 issue / month)
- 2 brochures for donors
- 20 interviews with key people from the community
- 20 general articles
- at least one appearance in the AN publication at the end of the project
- 20 posts in youth networks
- 20 local actions - each one an action to promote the results of the project performed by each volunteer - each one an event realized by each volunteer
- 1 major event to promote the cumulative results of the project realized by ANDCTR at the University of Craiova



MENTORSHIP



During the project besides the PROJECT COORDINATOR, a FACILITATOR of the Activities and the specialists from the day center where you will develop the activities, you will also have a support person that will help you to adapt, to integrate and will guide your learning process during the project. This person is chosen by the hosting organization and is called MENTOR.

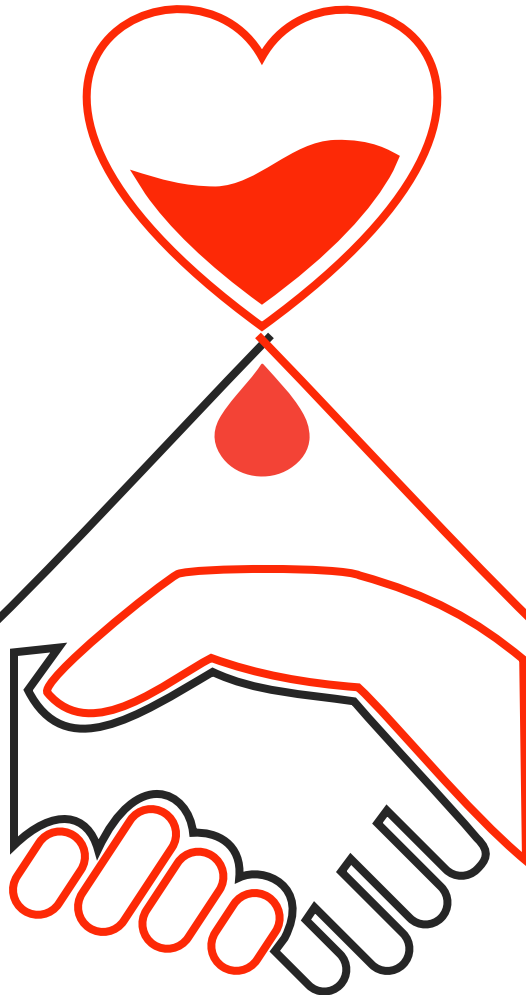
Mentorship can be defined as the set of relations and processes that appear between an ESC volunteer and the person who facilitates the learning process during the project. The mentor

figure is very important in the whole process because he assists the volunteer to integrate, to develop himself and to overcome possible difficulties. The mentor can help the volunteer to identify the strong and weak points regarding his skills and personality. Each volunteer will be assigned a mentor and will benefit from group and individual mentorship sessions.

The mentorship can be described as:

- ❖ Facilitating the learning process.
- ❖ Introducing the volunteer to the local community.
- ❖ Advising or counseling the volunteer in difficult situations.
- ❖ Helping the volunteer to realize his achievements gained through the activities.

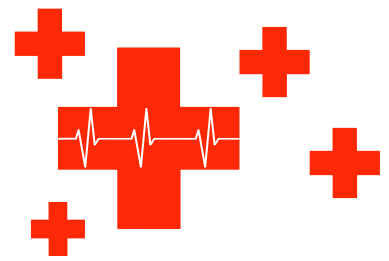
YOU
NEEDS, WANTS, GOALS



Your Mentor
SUPPORT, GUIDE, MOTIVATE

HOSTING COMMUNITY

CRAIOVA



INFO ABOUT THE CITY

<https://en.wikipedia.org/wiki/Craiova>

<https://www.youtube.com/watch?v=w9De8DmGjpM>

<https://www.youtube.com/watch?v=2xWsWJxdEi4>

<https://www.youtube.com/watch?v=rwB5jgxGD48>

https://www.youtube.com/watch?v=_E5luqOMdnk



ACCOMMODATION

Living conditions

Volunteers will be accommodated in a students dormitory, 3-4 / room, same gender room, will share a kitchen at the end of the hall way, with shared bathroom.

Will be provided:

- 1 set of bed sheets, 1 pillow, 1 blanket /volunteer
- Cutleries, pans and other necessities for cooking to be shared between the volunteers (kitchen equipments will be basic)
- Washing machine to be shared



HOW TO ARRIVE TO CRAIOVA



1. Come by plane to: Bucharest Otopeni “Henri Coanda” Airport
2. Exit the terminal (do NOT forget your luggage)
3. Take the bus to Craiova, reservations can be made HERE

<https://mementobus.com/>

(you can pay in Romanian currency at the driver or on-line on the website)

1. By plane to Craiova international airport (mainly for Spain, Italy, Germany, France and UK).
2. By bus to the city center



THANK YOU

HOPE TO SEE YOU IN CRAIOVA