



Volunteering Connecting People



SALTES
SAVANORYSTĒS ORGANIZACIJA



Erasmus+

Project Dates:
01 02 2020 - 31 01 2021
(1 year)

- ▶ **Project places: Vilnius, Trakai – according to a Hosting Organization, LITHUANIA**
- ▶ **Volunteers from: EU & non-EU Programme Countries (Macedonia, Iceland, Liechtenstein, Norway, Turkey).**
- ▶ **Coordinating Organization: ESTA SALTES**

SALTES

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- ▶ We are the coordinating organization of the project 😊
- ▶ We will be there to support you during your volunteering project and you could share with us all your thoughts, fears, problems (if any occurs, but we hope there won't be serious ones!) and joy!
- ▶ We will gather for the informal events: Breakfasts/dinners, Culture Nights, Hikes and more... 😊
- ▶ ESTA SALTES is a non-profit organization which gathers former EVS volunteers. We organize international and local volunteering projects, youth exchanges, training courses.
- ▶ Please check: <http://saltes.net/english/>

Hosting organizations

- ▶ Day Centre Šviesa (Vilnius)
- ▶ MES - Open Youth Club (Vilnius)
- ▶ Valakupiai Rehabilitation Centre (Vilnius)
- ▶ Toy's museum (Vilnius)
- ▶ Waldorf open school (Vilnius)
- ▶ SOS Children's village (Vilnius)
- ▶ Žalianamis - open youth centre (Vilnius)
- ▶ Democratic school (Trakai)

Day Centre Šviesa

(Living place: Vilnius)

2 volunteers

- ▶ Šviesa provides day social care services for 74 people with mental, intellectual and complex disabilities from 18 years old.
- ▶ Activities that organization offers for people with disabilities, volunteers will be invited to organise these activities together with social workers:
- ▶
 - Music (individual, therapeutic activities, orchestra)
 - Theatre
 - Ceramics
 - Activities for people with severe disability
 - Sports
 - Club of beauty (for women)
 - Club for discussions
 - Publishing monthly newsletter “ŠARKA” (“Magpie”) involving people with disabilities in this process
 - Various events and festivals organized in the day centre and outside the day centre (in the city)
 - Trips and excursions to the old town and other parts of Vilnius
 - Implementing of programme for developing and consolidating social skills in natural environment

MES - Open Youth Club (Living place: Vilnius) 1 volunteer

- ▶ The aim of Vilnius open youth center "Mes" is to organize and arrange local young people's, aged 14-30 years, spare time through different events, activities, camps, outings, projects, meetings, trainings etc.
- ▶ It also has a prevention function to avoid violence, alcoholism, smoking and drug addiction among youngsters. Youth center is opened to all the young people, with or without social, economic, physical or behaviour problems. Part of the youth center is focused on work with families at the social risk group. These families have a possibility to receive services, such as individual consultations for parents, parenting skills classes and other necessary help to improve their family life.
- ▶ Youth center is open five days a week, some events and activities takes place during the weekend. Daily activities includes opened youth space, where young people can use all the center's equipment and plan their own free time with supervision of youth worker, also there is a theatre, art and creative writing studios.

Antakalnis Open Youth Center (Living place: Vilnius) 1 volunteer

- ▶ Antakalnis open youth center is an institution for young people (14 - 29 years old) to be, to create, to find themselves, to try new things. The main aim of the center is to create a safe place and conditions for young people to realize their ideas, understand others and themselves, to express their creativity. Youth center together with the youngsters organizes different activities: events, projects, workshops, etc.
- ▶ Tasks: volunteer will assist and lead informational events (about volunteering, youth politics, democracy processes and etc.), discussions, creative workshops, different projects about tolerance, democracy, self-improvement, also, dance, cooking lessons. Some of these activities take part periodically, some - just once. What is important - most of activities are initiated by young people who comes here, that's why Antakalnis open youth center is always changing and everything depends on people who comes here. Activities of the volunteer will also depend on his/her interests and what he/she wants to learn while organizing activities in the organization.

SOS Children's Village (Living place: Vilnius) 2 volunteers

- ▶ SOS Family Strengthening Program helps keep children in the care of their family. We support disadvantaged families at risk of separation by bolstering their capacity to protect and care for their children. SOS Children's Village hopes to help families to learn look after themselves so that they can live independently in the long-term. Only in this way can we ensure that children are not left and that they grow up in their families. SOS Children's Village is convinced that it is almost always best for children to grow up in families.
- ▶ The children's day centre is created for children growing in families at social risk or in poverty. 25 children on average have an opportunity to visit our Day Care Centre every working day. Here they can do homework, play, interact, participate in group activities and attend cooking lessons. If it is necessary, children is also provided with psychological consultations and emotional expression strategy is applied.
- ▶ Proposed activities for volunteers:
 - ❑ organizing free time and educational activities in the day center for children: outdoor / sport activities, hand crafts, cultural activities, etc.
 - ❑ visiting children families, helping them to rise parenting competences
 - ❑ organizing different event for children and families: Christmas, Eastern celebrations, inter-cultural events, etc.
 - ❑ possibility for volunteers to organize their own projects within an organization

Valakupiai rehabilitation centre (Living place: Vilnius) 1 volunteer

- ▶ Valakupiai rehabilitation centre (VRC) provides vocational rehabilitation, medical rehabilitation, social day care and driving school services for people with severe and moderate disabilities in Lithuania. VRC mission is to achieve full and equal participation in public life, integration into society, long term integration into the labor market and better quality of life for our clients by provision and continuous improvement of medical, vocational, social rehabilitation services for persons with disabilities and vocational training to others, who experience social exclusion.
- ▶ Volunteer will be working together with social workers, teachers, therapists, so he/she will have a possibility to learn specific skills related to learning process of people with disabilities. Proposed activities for the volunteer:
 - ❑ organizing free time and educational activities in the day care center for people with disabilities: outdoor activities, hand crafts, language courses, cultural activities, sport, music and etc.
 - ❑ organizing different event for children and families: Christmas, Eastern celebrations, inter-cultural events, etc.
 - ❑ possibility for volunteers to organize their own projects within an organization

The Toy's Museum (Living place: Vilnius) 1 volunteer

- ▶ The Toys' Museum transmits scientific knowledge about the history of toys from the oldest to modern times in a family friendly way, through personal experience gained playing with toy replicas, participating in workshops, listening to fairy tales, taking part in discussions and conversations with professional educators. The museum creates a relaxing atmosphere, fosters creativity and curiosity and thus helps develop a child's personality as well as builds bridges between visitors of all generations.
- ▶ The vision of the Toys' Museum is to become a modern education center where visitors could not only see old toys and their replicas but also try them out. We want our visitors to see, touch, play and ask questions such as what? Where? When? and how?
- ▶ The Toys' Museum offers for the volunteer to help to organize workshops for children and families, lead excursions, organize events, promote museum activities, etc.

Democratic school (Living place: Trakai) 1 volunteer

- ▶ Democratic school it's an alternative (free/democratic) school, first of its type not only in Lithuania, but also in all Eastern Europe. It's a day school, currently offering general education for pre-primary and primary level, but aiming to grow with years and become a high school.
- ▶ 1) self-determined/individualized learning: teaching is at the child's own pace and structured in a way which provides opportunities for developing self -confidence, self -esteem and independence and helps to reach high standards. Small classes mean that there is time for personal attention as well as the space and freedom for individual expression.
- ▶ 2) a learning community based on equality and mutual respect. Relationships at Democratic school are very important. The individuality of each child is valued and children learn to respect themselves and others and to become constructive members of the school community. All the important questions in the school are voted by all community members and each - child, teacher and staff member has one vote. Children are highly encouraged to take part in school's management process and express their own ideas, suggest improvements. Suggestions are presented and voted in weekly meetings and new decisions taken can be applied the following day.
- ▶ Volunteers are invited to help school teachers of Democratic school to organize different activities for kids.

Vilnius Waldor Open School

(Living place: Vilnius)

1 volunteer

- ▶ The Waldorf Open School is a non-governmental school created by parents and teachers and based on the Waldorf pedagogy. The school is part of a large community of Waldorf schools worldwide, which today has over a thousand schools. In Lithuania, the Waldorf School is governed by the concept of non-traditional education and the Waldorf concept of pedagogy. The main goal of the school is to develop creative, open-minded and self-confident personalities. At school, subjects are taught through programs developed by teachers using the programs and experiences of Waldorf schools in other countries, taking into account our country's cultural environment, pedagogical traditions, Lithuanian general education programs and education standards. The mission of the school is to create a space where children and young people reveal their natural powers, develop their abilities / skills, and prepare to be able to achieve their own goals in life.
- ▶ The volunteer will organize activities for pupils, organize educational activities together with educators, assist with the preparation and implementation of projects, events, daily activities, as well as organize outdoor activities, various workshops: music, theater, sport and etc. The volunteer will have the opportunity to implement his/her own initiatives, projects, workshops.

Still undecided....?

- ▶ For more information about hosting organizations and possible activities - don't hesitate to contact us!
- ▶ Decided to go? Waiting for your CV and motivation letter ASAP till 8th of January! 😊
- ▶ Contact person: Eglė Mažeikaitė
- ▶ evssaltes.egle@gmail.com

Come...



...and experience MAGIC ☺