

Youth Exchange: Boost Your Future, 16th-25th October 2019

Youth Exchange Project

Boost Your Future!

16th -25th October 2019, Nasutów, Poland



About the project

The "Boost Your Future" youth exchange project is meant to be a game for participants - an interesting, full of twists and turns to achieve goals (also in real life). We are planning to create space for participants to determine their individual development paths in the socio-professional field, so that they can better manage themselves and their potential in the future. All thanks to inviting them to various educational activities inspired by methods present in such forms of creative play as: LARP / RPG / Storytelling. We will use all these elements to create a unique role-playing game and play it, whose created form can later be used with other participants. Promoting this final action will also help us to implement Happening that stimulates the local community and heralds the effects of exchange.

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Project includes a lot of curious and developing activities:

- **debates about “Future of Labour Market”**
- **learning: how to create interesting “Story about You”?**
- **creating EduLARPs & RPG sessions about Us**
- **Theatrical & Dance improvisation workshops**
- **and a lot of surprises!**

The project involves of two parts:

- 1. APV**
- 2. Youth Exchange**

APV - meeting of 3 group leaders

(1 leader from each participating country)

Preparatory visit will be the time for leaders to divide responsibilities, talk about details of youth exchange activities, promoting of the project in partner countries, take part in leadership workshops and to get familiar with the project.

Youth exchange = 3 countries, 21 participants:

Poland - 6 young participants (18-23 y.o.)+ 1 leader (18+, no age limit)

Macedonia - 6 young participants (18-23 y.o.)+ 1 leader (18+, no age limit)

Spain - 6 young participants (18-23 y.o.)+ 1 leader (18+, no age limit)

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Profile of the young participant of the youth exchange

- Aged 18-23 years old
- Interested in subjects of: self-development, theatre/role-playing games (optional)
- Highly motivated to participate in the youth exchanged
- Good communication in English

Profile of the group leader

- Aged 18+ years old
- Responsible for the group of participants
- Interested in subjects of: self-development, theatre/role-playing games (optional)
- Highly motivated to participate in the project
- Good communication in English

Project dates

- APV - 11-12.09.2019

3 days including one day for travel (2 nights), 2 days of work

10th October 2019 - arrival day

11-12 October 2019 - time for visit

13th October 2019 - departure day

The organizer of the youth exchange provides the accommodation for entire project.

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- **Youth exchange - 16-25.10.2019**

10 days including arrival and departure days (9 nights), 8 days of work

16th October 2019 - arrival day (participants need to be in Lublin at 6 o'clock)

17th - 24th October 2019 - time for activities

25th October 2019 - departure day

The organizer of the youth exchange provides the accommodation for entire project .

Language of the project

English

Venue

House of Education in Nasutów, which is approximately 15 km from Lublin

Accommodation & food

*The organizer provides accommodation and food for entire seminar- 3 meals per day
+ 2 coffee breaks between sessions.*

Travel

The participants groups need to buy travel tickets on their own.

The time of travel must be included maximum in period of two days before and after the project activities.

The organizer will reimburse travel cost during the project.

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Reimbursement of travel costs will be done only upon presentation of all original tickets (including return tickets), receipts, invoices and boarding passes.

You shall print all documents related to your travel costs (original invoices and tickets indicating names of travelers, description of the journey, cost, currency and date of travel).

Reimbursement will be done in **PLN**, regardless of the currency indicated on the ticket and receipt or invoice presented. Then the costs will be converted and calculated according to the current exchange rate of Polish National Bank. Travel costs will be reimbursed up to 20 working days after all needed documents are received by the Foundation.

Travel costs limits per person for country:

Country	Travel costs limit per person in EUR
Spain	360
Macedonia	275

Please consult us at least 24 hours before the purchase about tickets you're planning to buy. Please remember to choose the most cost-effective travel option as only cheapest option will be accepted.

Insurance

Personal accident insurance for participants will be provided.

Health care insurance will not be provided. Participants shall provide it by themselves