



## **FROM TRASH TO CASH - Youth Exchange KA1**

**BUSTENI, ROMANIA – 4-13 December 2019**

**Arrival day:** 4th December 2019; **Departure day:** 13th December 2019

**Organizer:** ASOCIATIA ODEN NEHOIU

**Coordinators:** Bogdan and Fabiola Chiriacescu

**Facilitator:** Tolea Postovei

**Partnership:** 42 persons from 8 organizations from 8 countries: Bulgaria, Czechia, Greece, Italy, Macedonia, Poland, Spain and Romania

### **DESCRIPTION OF THE PROJECT**

"From Trash to Cash" is a youth exchange scheduled for 12 months between 15.05.2019-14.05.2020.

The project context is given by 2 important action lines to address needs identified in the preliminary phase:

- youth unemployment has grown worryingly up to 50% in some of the partner countries, unemployed youngsters do not have enough self-confidence, sufficient skills and entrepreneurial education to start their own business.

- the wastes are not sufficiently and responsibly recycled, the recycling is in the partner countries below the European Union average, the upcycling is little popular, and the non-exploitation of the waste creates environmental pollution and diseases of the human body.

Through this project we aim to increase young people's awareness of the opportunities for waste recovery by upcycling and the development of business plans that will use the opportunities for transforming waste into objects that can be capitalized

The aim of the project is to increase the environmental sustainability, the quality of life of young people and the employability of the unemployed through the valorization of the waste through upcycling.

**Objectives:**

1. Awareness of 34 participants from 8 countries on the importance of consumption responsibility and waste management in increasing the sustainability of the environment and the quality of life
2. Development of 34 participants from 8 countries for 10 days through non-formal education of new socio-civic and artistic competences for the transformation of recyclable waste and materials into usable and valuable objects
3. Integration of creativity and entrepreneurial skills for 34 participants from 8 countries for 8 days for 7 business plans and models of initiatives for the recovery of waste and reusable materials by upcycling
4. Increasing the employability of young people and unemployed, especially by applying and multiplying in 8 communities for 12 months after mobility the models of entrepreneurial initiatives based on upcycling

The project activities will be introduction, getting to know each other and trust games, teambuilding and group dynamics, presentations of participants and Erasmus + program and YouthPass certification, cultural and study visits in the surroundings, intercultural, thematic evenings. There will be 5 thematic workshops based on preparatory phase documentation and one "From Trash to Cash" workshop in 6 steps to create 7 business plans based on upcycling. In the end, the results will be presented in a show at Busteni High School

The methodology will be dynamic and diverse and will be based on non-formal education. It will include games, presentations, lectures, role-plays and simulations, workshops, visits, theater, video creation, entrepreneurial creation and education

**Participants:**

Every group should prepare 4 youngsters 17-25 years old plus one group leader over 18 years old; We can accept maximum 1 person that is not native citizen of sending country with condition to have legal residence and not to be ESC/EVS or Erasmus exchange student. Gender balance is recommended: 2 boys and 2 girls/team

**ATTENTION:**

**2 participants/country should be unemployed**

**Venue: Busteni , Romania**

**Accommodation :** Pensiunea Cristina Busteni – in rooms of 2 or 3 max. with private bathroom

**Food** will be served at the restaurant of the pension and there will be 3 meals every day and coffee breaks.

Please send us your special needs concerning food: no pork, no meat, vegetarian or any allergies.

**Activities:** will be in the same place in different rooms. Some of the activities will be outdoor.

**Facilities and visits:** pension is 15 minutes walking from city center where you can find almost everything : shops,pharmacy,banks,restaurants etc.

We'll visit Bran, Brasov, Sinaia and Busteni (see the program). Any other optional visits will be discussed on the spot.

**Weather** is so unpredictable in the mountains. Average temperature is around 0-5 degrees but can be colder, warmer and even snowing. So be prepared for everything. We'll keep you updated.

**Participation fee:** There is a participation fee of 5 Euros per participant. The fee will be paid during the project.

**IMPORTANT!!! Pay attention to safety measures:**

- You'll live in an intercultural environment, so accept all cultures and be tolerant.

- NO DRUGS ALLOWED! Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age! Group leaders will prepare you!

- You have to attend and be involved in ALL ACTIVITIES during the exchange and also in DISSEMINATION PHASE!

- Other rules and safety measures will be proclaimed in first day, so if you have proposal feel free to express them.

**Transport:** For those arriving in Bucharest-Otopeni there is a bus **780 EXPRES** that runs almost every 20 minutes from 5 am till 11pm. You can find signs in the airport to reach bus station. The ticket is 8.6 lei (2 Euros) a round trip card, that you have to validate when you step in the bus. The bus goes directly to train station – **BUCHAREST GARA DE NORD** and takes depending on the traffic 45-60 minutes. To go to city center of **BUCHAREST** you can take **783 EXPRES or 784 EXPRESS**.

In the train station **GARA DE NORD**, you can easily find the ticket office and buy your tickets. Normally you can pay by card in train station, but anyway there are ATMs and also a machine for tickets. We suggest to ask for round trip ticket **BUCHAREST-BUSTENI-BUCHAREST** – it is cheaper and then in Busteni you'll have to buy only the seat for return to Bucharest. For groups there is a **MINIGRUP TICKET** also cheaper for 2-5 persons. The trip is around 2 hours. As you'll get in the train in Bucharest we'll ask you to send us an SMS with the time of arrival.

From train station in Busteni you can walk 20-30 minutes or take a taxi on your own expenses - a taxi costs around 3 Euros.

Make sure to arrive in train station in Bucharest before 9.00 pm – afterwards there is no public transport. For those arriving later or for those that don't want to go first to Bucharest there are options to take a minibus from airport to Busteni – we can arrange you booking or we'll let you know some links to book on line (this is OBLIGATORY).

For the way back, from Busteni there are minibuses to airport or trains to Bucharest.

## **ACTIVITIES**

Please post announcements about the project on your websites, blogs or any other platform and send us some print screens or copies

What should you prepare :

- a presentation about situation of trash and waste in your country and about recycling and upcycling
- for intercultural evening please bring traditional products from your country or region- food and drinks
- and also prepare to show us a dance and to sing a song. any other aspect to promote your culture is welcome: leaflets, photos, flag, videos etc.

## **IT IS NOT POSSIBLE TO USE KITCHEN FOR COOKING!**

Be also prepared to promote another country in a creative way using multimedia or drama or other methods but try not to copy/paste from internet. Do something personal!

**NO LONG PRESENTATIONS AND NO KAHOOT! PLEASE!!**

Romania will promote Czechia

Czechia will promote Greece

Greece will promote Poland

Poland will promote Italy

Italy will promote Bulgaria

Bulgaria will promote Spain

Spain will promote Macedonia

Macedonia will promote Romania

- you can be prepared to propose games ,energizers, activities for free time or for our workshops

- if you had projects connected with the topic, bring with you good practice examples: leaflets, videos, photos.

## **REIMBURSEMENT:**

In order to get the travel costs back we need to get from you **PRINTED ON PAPER!**

- All BUS/TRAIN/FERRY tickets and invoices in original. If you need local transport in your country try to buy return tickets. Tickets should have date, itinerary, cost. If there is no name - write it on the back.
- For FLIGHTS: electronic ticket with name, dates, itinerary, costs AND INVOICE if some of previous item is not on the ticket.
- BOARDING PASSES compulsory – keep them as without them you don't have your money back. If you did mobile check-in you can send us the print screen
- Take only APEX flights (no business class) and only 2nd class trains.
- TAXI costs are not eligible
- Be sure to have price and data on bus and train tickets, also on airplane tickets. If not, ask for receipts or invoices.
- If you travel by CAR contact us to tell you the rules and documents needed...

**The reimbursement will be in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all ORIGINAL documents. The amounts for reimbursement will be based on the tickets/invoice presented. There will be one transfer for every country in account of sending organization according with National Agency rules.**

Maximum approved travel costs:

**360 Euros/participant for Spain**

**180 Euros/participant for Bulgaria**

**275 Euros/participant for the others**

### **Other practicalities:**

Currency : 1 Euro = 4.75 lei (RON ).There are banks and ATMs in airports, in Bucharest train station, in Busteni.

The time zone of Romania is **GMT + 2**.

You can come or leave Romania 2-3 days before/after but all costs are in your charge. For persons that want to spend some days in Bucharest or elsewhere we can help you recommended hostels or attractions - just ask!

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

Don't pay attention to street dogs – they are everywhere but most of them are friendly.

For any other questions and comments or questions contact:

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**ALL PARTICIPANTS WILL GET YOUTHPASS CERTIFICATES. GROUP LEADERS WILL GET SPECIFIC CERTIFICATES!**

See you soon here!!!

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