







# **VOLUNTEER(S)OLIDARITY**

European Solidarity Corps - Volunteering Partnerships

## **Infopack for candidates**









## **Main information**

- Name of the project VOLUNTEER(S)olidarity
- Type of project European Solidarity Corps Volunteering Partnerships
- Hosting Organization Psientífica Association

Partner Organizations	Country
You in Europe	Greece
Volonterski Centar Skopje	Macedonia
International Labour Association	Netherlands
International Voluntary Service	United Kingdom
Nuorisokeskus Marttinen	Finland
CUBIC - Cultur & Bildung im Context	Austria
Asociacion Sociocultural GENTES	Spain
YOUNET	Italy

- Venue Águeda Youth Center in a rural city called Águeda, Portugal
- Accomodation A single room (or a room to share) in an apartment with all the living conditions required by the Erasmus+ programme (rent, water, electricity, gas and Wi-Fi for free).
- Advance Planning Visit In the middle of September with a representative of the sending organization
- **Mobility** 01.10.19 to 31.07.20









#### Activities:

- Preparation and development of the Volunteer:
  - Week Starter;
  - Linguistic support;;
  - Change Agents;
  - Social and Personal reinforcement activities
    - i. Psychological support;
    - ii. Support for inclusion in the community.
  - Meeting and Mentoring;
  - Interculturality;
  - My time Individual reflection;
  - Group reflection.
- Intercultural dialogue and diversity
  - Intercultural School;
  - Intercultural Dialogue;
  - Manuel Alegre Municipal Library.
- Culture and social inclusion
  - Educational project and public mediation;
  - Inclusive school;
  - Cabeço do Vouga Archaeological Station.
- School Holidays
  - Águeda project Holidays in Motion.
- Solidarity ans volunteering
  - VolunteersPoint;
  - Solidarity in the community.









- Trainning and quality of life
  - Project Águeda Amiga das Crianças.

#### Support:

- Mentoring sessions;
- > Online linguistic support to learn Portuguese;
- Weekly reflection to integrate information and share learning outcomes;
- Pocket money 5 EUR/per day every month;
- Food support (160€ per month);
- Technical supervision;
- Support of the stakeholders;
- > On-arrival and mid-term training provided by the Portuguese National Agency;
- Workshops promoted by the hosting organization;

#### **Flight arrangements:**

- Reimbursement of travel expenses (the amount depends on the distance band);
- > Flight arrangements must always be approved by the hosting organization;
- Participant is responsible for searching for adequate flights, respecting the mobility dates and the financial travel support provided by the Portuguese National Agency.
  In case both flights round trip cost more than the budget allocated by Portuguese National Agency, the volunteer is responsible for paying the extra money;
- Participant is responsible for buying flight tickets (Aeroporto Francisco Sá Carneiro in Porto). Participant must send their flight plan and the invoice with VAT number 507462823, by e-mail, to the hosting Organization for reimbursement.









#### Participants profile:

- Youngsters with fewer opportunities between 18 and 30 years old living in the countries of each of the 8 support organizations;
- Youngsters interested in developing social, cultural and educational initiatives and practices, promoting interculturality and diversity, with local youths, local institutions and the local community;
- Interested in developing non-formal activities and promoting European values and opportunities for Youth as Erasmus+ Youth in Action and the European Solidarity Corps;
- Interested in contacting, participating and learning with Portuguese culture;
- Motivated and open to establishing an intercultural dialogue in a peripheral and rural environment;
- Predisposed to develop skills to transform ideas into actions and to stimulate social, cultural and educational activities among young people;
- Interested in participating in the stimulation of sessions with other young people of the region to reflect on the concepts and experiences of culture and tolerance in Europe;
- Registered in the Portal of the European Solidarity Corps;
- Participant must sign the Voluntary Agreement before starting the mobility;
- > Participant must have CIGNA insurance.

### Contacts:

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