Volunteering: Tool for Youth Empowerment

Youth exchange

WHERE WILL VOLUNTEERING TAKE YOU?

Duration: 31.08 - 08.09.2019
Without volunteers we'd have a world without a soul!

Info Pack
Our Goal:

Changing young people's attitudes towards understanding volunteering as a way of actively acting for the benefit of the community, enhancing the quality of volunteering activities in partner countries, local communities of organizations and their target groups.
Objectives:

- develop the potential of young people for personal growth through volunteer activities
- increase participants’ knowledge of the importance of volunteering and volunteering for their personal/professional development;
- provide them with information on volunteering opportunities at local/national/international level, paying attention to the ESC;
- encourage participants to become volunteers and contribute to the development of their communities;
- raise awareness about the importance of volunteering by sharing stories/insights from YEs through social media (Instagram/Facebook/Youtube);
- increase the quality of volunteering in their communities by encouraging youngsters to provide feedback on volunteering in their communities and improving the quality of volunteering services provided by participating organizations;
- increase the knowledge on the Erasmus+ and the ESC, and to support the development of new projects.
- create, through volunteer activities, a creative and supportive environment for contacts and constructive living;
Partners:

The Youth Exchange will be hosted by Festivalna Fondatsia "Morsko Konche" in cohesion with 6 organisations, which are TdG- Italy, VCS- Skopje- North Macedonia, IYACA- Turkey, POD- Spain, Asociatia Culturala Moldavia- Romania and PRAXIS- Greece.

We will gather 42 participants with different backgrounds in order to broaden their horizons in the field of voluntary work.

Travel budget:

1. Greece- 180 euro
2. North Macedonia- 180 euro
3. Romania- 180 euro
4. Turkey- 275 euro
5. Italy- 275 euro
6. Spain- 530 euro
Participants' profile

5 + 1 GROUP LEADER
Young person aged 18 to 30, 3 males and 3 females. Group leaders without age limit
- Able to communicate in English, to express ideas and opinions and to contribute to the work of the group;
- Taking part for the first time in Youth Exchanges abroad;
- Open to participate in activities based on non-formal learning and to contribute to project blog, YouTube channel, to share information gained during the youth exchange with young people in their communities;
- Strongly supported will be participation of young people with fewer opportunities facing social, economic and cultural differences because it is essential to provide young people with fewer opportunities access to voluntary opportunities, as well.
Where:
The YE will be held in the amazing city of the Sun, Obzor, Bulgaria in the period of 31.08-08.09.2019 (including travel days) by Festivalna Fondatsia "Morsko Konche".

Obzor beach

Guest house "Barbov"

https://www.facebook.com/dombarbov
# Our Programme

## Volunteering: Tool for Youth Empowerment

**01.08-07.09.2019 Obzor, Bulgaria**

<table>
<thead>
<tr>
<th>Time</th>
<th>Aug 1st</th>
<th>Sep 1st</th>
<th>Sep 2nd</th>
<th>Sep 3rd</th>
<th>Sep 4th</th>
<th>Sep 5th</th>
<th>Sep 6th</th>
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<tbody>
<tr>
<td>08:00-10:00</td>
<td>Breakfast</td>
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<td>11:30-12:30</td>
<td>Coffee Break</td>
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<td>13:30-15:00</td>
<td>Lunch</td>
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<td>15:00-16:30</td>
<td>Team Building Activities</td>
<td>Quality of Voluntary Activities: Am I up to the Challenge of the Volunteering Opportunity? Improving My Organization’s Practices</td>
<td>Varna Study Visit Trip</td>
<td>How to Become Volunteer? Developing Individual Competencies</td>
<td>Creating the Handbook on Volunteering, Defining the Main Chapters (content)</td>
<td>Project laboratory: From needs to results</td>
<td>Action Plan for Follow Up Activities: What to Do to Make the Ideas Happen in My Country?</td>
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<td>16:30-17:30</td>
<td>Coffee Break</td>
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<tr>
<td>17:30-18:30</td>
<td>Team Building Activities</td>
<td>Quality of Voluntary Activities: Creating Ideas for Voluntary Activities and Events</td>
<td>Varna Study Visit Trip</td>
<td>Erasmus+, EIC, etc.</td>
<td>Preparation of Handbook Chapters Content Development (in groups)</td>
<td>Ideas for New Projects: International teams (group work)</td>
<td>General Evaluation and Youth Certificates</td>
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<td>18:30-19:00</td>
<td>Welcome, Dinner</td>
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<td>19:30-21:00</td>
<td>Welcome Party, NGO Volunteering Fair, ICL Night</td>
<td>ICL Night</td>
<td>ICL Night</td>
<td>Free night</td>
<td>ICL Night</td>
<td>Goodbye Party</td>
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FOR ANY QUESTIONS OR ADDITIONAL INFORMATION
DON'T HESITATE TO CONTACT US:
ff.morsko.konche@abv.bg
and
https://www.facebook.com/groups/344092352947140/
(Volunteering: Tool for Youth Empowerment)